

Five Finger weave – (English or Elizabethan finger loop braiding/weaving)

Do not make this product and give it to children as it could be dangerous. The cord is very sturdy and will not break. If you have made it quite long, it could be dangerous if put around the neck or put on too tightly.

## Anatomy of a Loop

Each loop has a top and a bottom.

This is important because taking the string at the top of the loop will result in a complete cord. Taking the bottom string of the loop will result in a split cord.



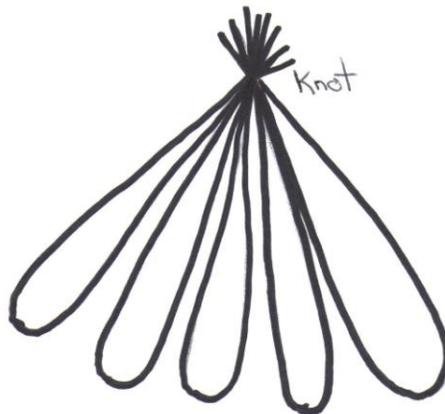
## Preparing the Loops

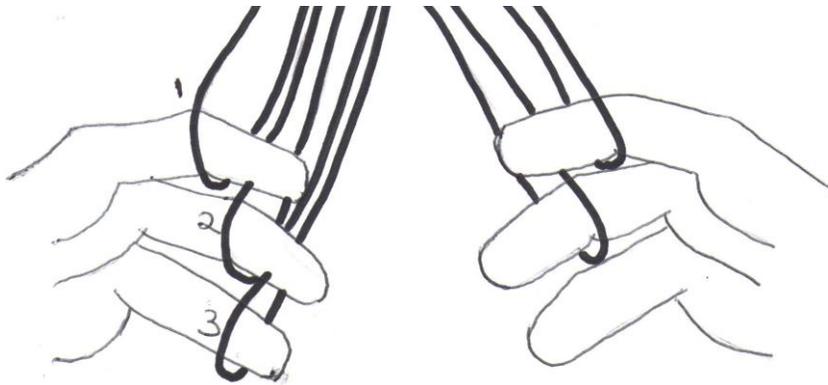
A single Loop is one length of string, folded in half and looped around a finger. Each string will be twice the length of the finished cord desired plus about six inches. All the Loops for any braid must be the same length or they will be difficult to braid/weave.

- Cut your strings: Cut 5 strings 36 inches long. A better length might be 48 inches. This will allow you to have 2 Chinese slip knots. Suggested material: embroidery floss or crochet cotton. Choose colors you like. You may use up to 5 colors. Fold the strings in half and line them up like the following picture.



- Knot the loops together
  1. Fold each string in half individually to prevent tangling.
  2. Gather the loose ends of all the Loops together so the looped ends are dangling.
  3. Tie an overhand knot at the loose ends so all the ends are incorporated into one knot.
  4. Tape down to a table on the knot.

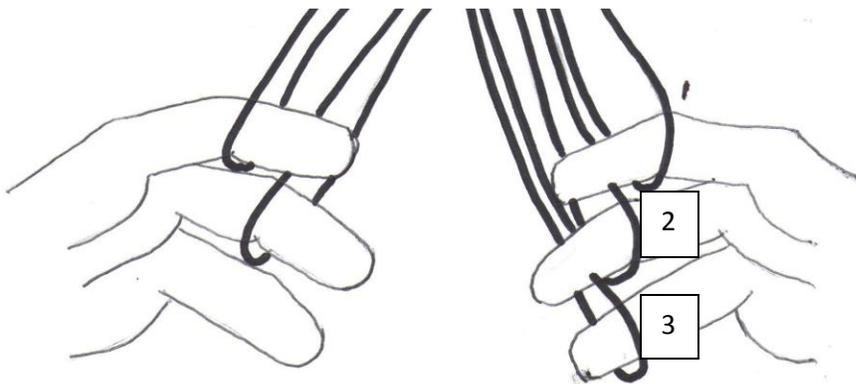




Placement of strings on the hands. Notice that the ring finger on the right hand does not have string on it.

The objective is to get the number 1 string through the loops of number 2 and 3. Use the right ring finger to do this. Put your right ring finger (or right pinky) through loops 2 and 3. Turn your hand so that you can make a hook with your finger and grab the top of loop 1. Pull loop 1 through loops 2 and 3 while dragging it off of your left index finger.

Pull your hands apart – stretching- so that the weave tightens and settles into place. Keep the strings taught throughout the weaving. You can't weave with the strings loose. Your left index finger will be empty now. Move the strings up. The middle finger string will go to the index finger and the ring finger string will go to the middle finger. This is called "resetting the strings".



Now the hands are reversed. The left hand will have two strings on it while the right hand will have three strings. Repeat the weaving using your empty left ring finger to go through loops 2

and 3, grab the top of loop 1 that is on your index finger and pull it through the two bottom loops.

Repeat until you have the length of cord that you want. It should be long enough to tie around your wrist. If you want to put in slip knots you must make the cord longer.

Reminder: Do not give this product to a child as it could be very dangerous.

More information from: [http://fingerloop.org/basic\\_braids.html](http://fingerloop.org/basic_braids.html)