

## Art itv bailey Friendship bracelet instructions – all art levels

These instructions use a leader thread or “knot holder” thread. It is worked from right to left. The stripes are completed through several rows. The knots on a single row will be different colors.



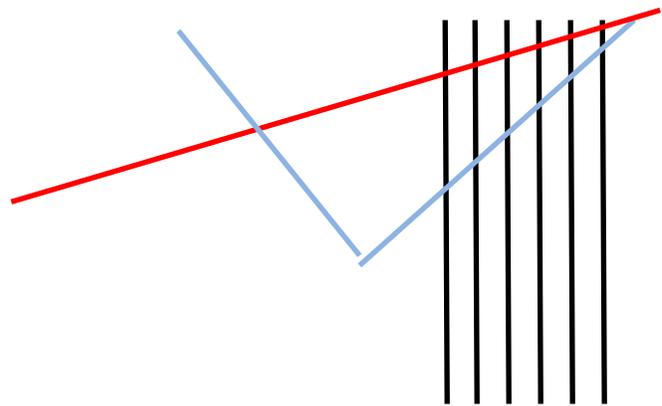
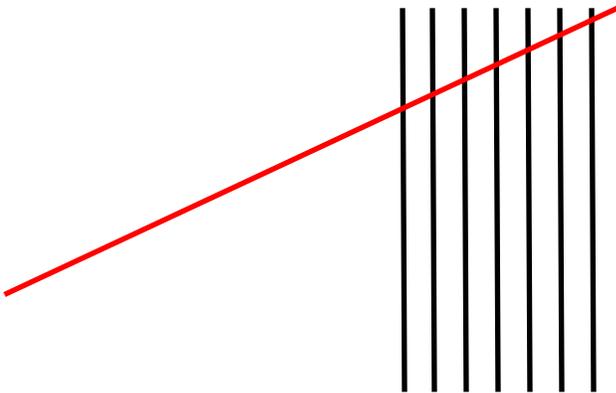
1. Start out cutting 8 strings about 3 feet long. This will give you enough string to work with, even if you make a mistake.

2. Tie a knot in the end of the strings to hold them all together.
3. Tape them down to the desk.

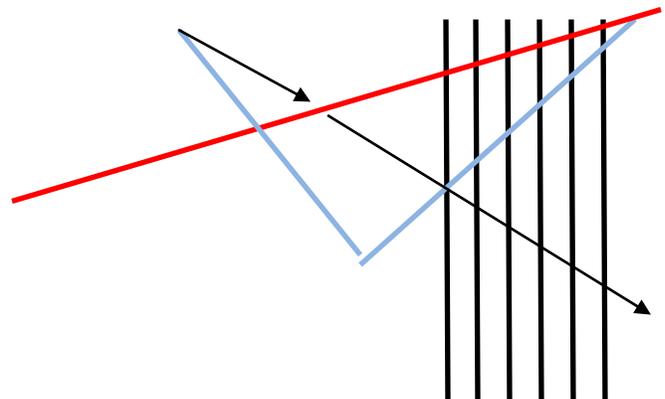
Directions are for a right hander. Left hander’s can reverse the directions.

The knot used in this bracelet is called a double half hitch. How to make a half hitch.

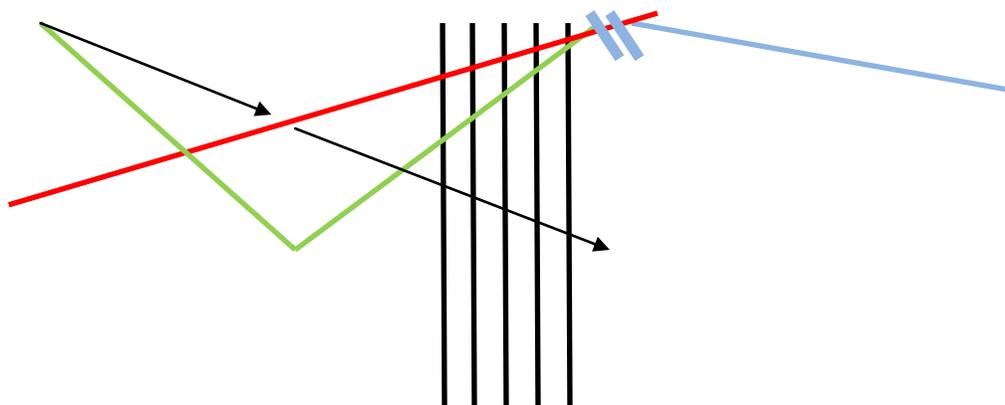
1. Pull a string from the right all the way over to the left and tape it down. This is called the knot holder or the leader string.



2. Take the next string that is on the right, loop it so that it makes a backward 4.



3. Pull the tail of this string under the Leader string, through the loop and tighten the loop up to the top. One completed half hitch.
4. Repeat with the same string making a second half hitch to complete the knot. A double half hitch is just 2 half hitches one right after the other. So - you make two knots with each string, then put that string off to the right side – out of the way.
5. Repeat with each of the remaining 6 stings.



6. When all 7 strings have been knotted. Take the tape off of the leader (knot holder) and place the string down with the rest of the strings.
7. Repeat all steps. Taking the right string diagonally over all of the other strings and taping it down. This becomes the new leader (knot holder) string. Repeat the knotting sequence outlined above.
8. Keep knotting and going through the steps until the bracelet is about 6 inches long. Tie around a friend's wrist and you are done.

The bracelet should be flat – and look like the above picture. When finished, show your bracelet over the ITV system.

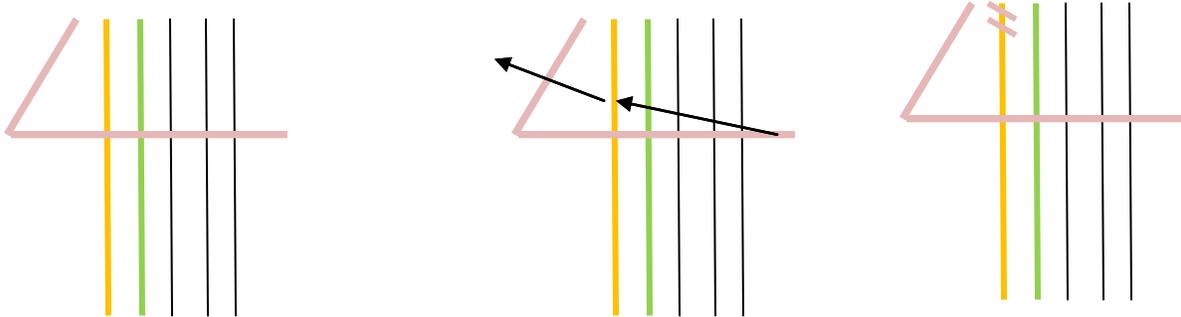
Method 2- This starts out exactly like Method one.



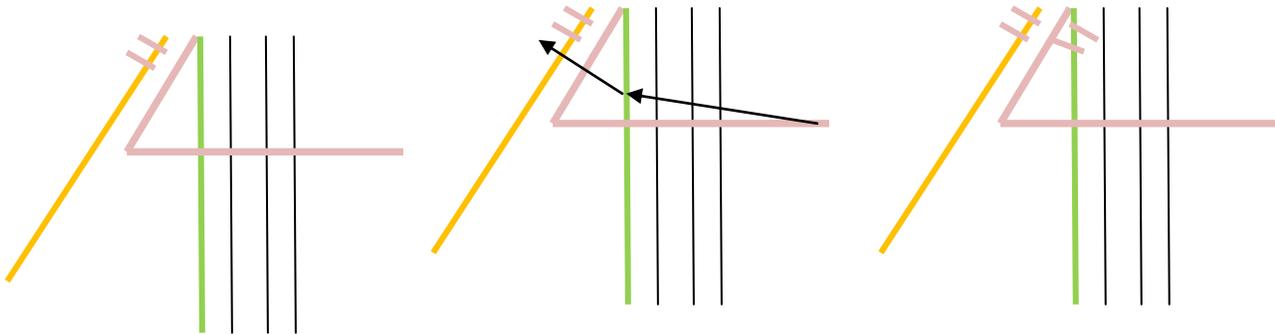
This method does not use a leader thread. It is worked from left to right. The knots will be the same color for a whole row. A complete stripe of color is made each row.

Start out with the 6 or 8 strings. Each string should be about 3 feet long. Tie a knot in the end and tape it to a table.

1. You will be knotting from the left to the right on this one. Take the string on the left. It is the pink thread on the illustration. Put the string in a forward 4 position. Tie this thread around the second – yellow – thread by putting the tail of the pink one under the yellow and up through the loop of the 4 figure. Hold the second – yellow- thread straight while pulling the first – pink – thread tight, making a pink knot. Repeat. You now have two pink knots on the yellow thread.

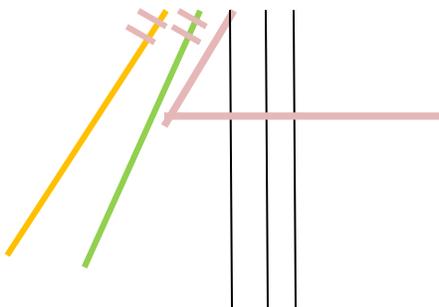


2. Push the yellow thread to the left. You are done with it until this row is done.



3. Take the first – pink – thread and put it over the next thread – third and green thread in the 4 looking position. Tie the pink thread around the third, green thread by putting the tail of the pink thread under the green, through the loop on the 4 figure. Hold the green thread (third thread) straight while you tighten up the pink knot. Repeat as you need two pink knots on this thread.

4. Push the green – third – thread to the left as you are done with this thread until the next row.



5. Repeat with all the other threads. This technique will give you a row of pink knots. The pink thread will end up on the far right.

6. To start the next row, grab the yellow thread that is on the left and repeat all of the previous steps making a row of yellow knots.

7. Repeat until you have a bracelet that is to your desired length. Tie it onto a friend.